

## Summary of the 2023 MHNS Survey results

In 2023 a survey of over 400 members of the Mental Health Nurses Section revealed critical insights into the challenges faced by mental health nurses across hospital and community settings in New Zealand. The following groupings highlight the interconnected challenges mental health nurses face, ranging from staffing issues and safety concerns to resource limitations and the complexity of tangata whai ora needs.

## **Demographics**

103 respondents out of 432 responded to this survey, giving a response rate of 24%

## Area(s) of work – tick <u>all</u> areas of work that apply

184 total responses to this question

(percentages follow that are indicative of respondents' workplace(s) at the time of survey)

The respondents' area(s) of work include:

24 %
26 %
5 %
7 %
3 %
18 %
4 %
5 %
7 %

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The four overarching problems are:

- 1. Workforce Challenges
- a)Staffing Struggles
- b)Workload and Burnout
- c)Support Deficiencies, Pay
- d)Professional Development & Education

- 2.Safety Concerns
- a) Violence & Aggression, Safety
- b)Leadership and Management
- c)Organisational Culture
- d)Stigma and Perception
- 3. Resource Limitations
- a)Resource Constraints
- b)Community Mental Health Services
- c)Non-government Organisations (NGOs)
- d)Model of Care
- e)Communication across sectors, IT systems, 'Paperwork'
- 4. Tangata Whai Ora Complexity and Acuity
- a)Addiction and Drug Tangata Whai Ora; complex patient needs
- b)Equity issues

Addressing these overarching problems comprehensively is essential to improving the mental health care system and supporting both nurses and tangata whai ora effectively.

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